

Year 9 Health & Physical Education
Learning & Assessment Overview 2021

Term 1				Term 2			
HPE 09.01 The right for respect	HPE 09.01 Rethinking drinking	HPE 09.02 Athletics	HPE 09.03 Ultimate Disc/Hockey	HPE 09.04 Don't be a bully	HPE 09.04 My Healthy Mind	HPE 09.05 European Handball/ Softcrosse/Softball	HPE 09.06 Netball
Students identify what respectful relationships are and how empathy and ethical decision making contribute. They examine changes that occur as sexuality and/or identity develops, and the impact these have on relationships.	Students investigate social norms, behaviours and stereotypes with regard to alcohol/drugs and identify the way adolescents think about risk-taking behaviours. They examine media messages about alcohol and having a good time while reviewing the expectations of others and how they can influence decision making. The students identify safe practices in social situations and compare personal decisions.	Students will experience a range of athletics events	Students engage in skills designed to improve hand-eye coordination. This is through the sports of ultimate disc and hockey.	Students will investigate the impact of the peer group on the mental health of others.	Students explore the impact of mental health and mental illness on young people. Students investigate the impact that peers and social surroundings have on their mental health. Students will also investigate strategies on how to deal with challenging situations.	Students apply and transfer movement concepts and strategies to new and challenging movement situations through participation in team games.	Netball: Students develop their teamwork skills and their capacity to apply and transfer concepts and strategies in invasion games
Unit Duration	Unit Duration	Unit Duration	Unit Duration	Unit Duration	Unit Duration	Unit Duration	Unit Duration
Weeks 1 - 5 (5 weeks)	Weeks 6 - 10 (5 weeks)	Weeks 1 - 5 (5 weeks)	Weeks 6 - 10 (5 weeks)	Weeks 11 - 15 (5 weeks)	Weeks 16 - 20 (5 weeks)	Weeks 11 - 15 (5 weeks)	Weeks 16-20 (5 weeks)
Assessment Task/s	Assessment Task/s	Assessment Task/s	Assessment Task/s	Assessment Task/s	Assessment Task/s	Assessment Task/s	Assessment Task/s
HPE 09.01.01	Case Study	HPE 09.02 Physical Performance	HPE 09.03 Physical Performance	HPE 09.04 Written Report	HPE 09.05 Physical Performance	HPE 09.06 Physical Performance	HPE 09.06 Physical Performance
<i>Technique: Extended response, short response</i> <i>Mode: Written</i> <i>Conditions: 400-600 words</i>		<i>Technique: Performance</i> <i>Mode: Practical</i> <i>Conditions: Assessed individually</i>	<i>Technique: Performance</i> <i>Mode: Practical</i> <i>Conditions: Assessed individually</i>	<i>Technique: Extended response</i> <i>Mode: Written</i> <i>Conditions: 600-800 words</i>	<i>Technique: Performance</i> <i>Mode: Practical</i> <i>Conditions: Assessed individually</i>	<i>Technique: Performance</i> <i>Mode: Practical</i> <i>Conditions: Assessed individually</i>	<i>Technique: Performance</i> <i>Mode: Practical</i> <i>Conditions: Assessed individually</i>
Issued: Week 2 Due: Part A - Week 5 Part B - Monday Week 9		Issued: Week 1 Due: Week 6	Issued: Week 6 Due: Week 10	Issued: Week 11 Due: Week 19	Issued: Week 11 Due: Week 15	Issued: Week 15 Due: Week 20	