

Learning & Assessment Overview 2021							
Semester 1				Semester 2			
HPE 08.01 My Family	HPE 08.02 Athletics	HPE 08.03 Positive and Negative risk taking		HPE 08.05 Pingas and Parties	HPE 08.06 Hard Ball-volleyball/ European handball	HPE 08.07 How culture shaped us	HPE 08,08 Dance
Students identify what are respectful relationships with family and friends and how empathy and ethical decision making contribute to these. Students explore the generational gap and the idea of mental wellness, how to cope in stressful situations, and types of mental illness and how to destigmatise these in society.	Students will experience a range of athletics movement skills.	Students recognise that they are becoming independent and explore risk-taking behaviours, rules, rights and responsibilities as they grow up. They explore respectful relationships with peers and how to conduct these relationships in life and online. They explore bullying, its effect on adolescents and seeking help.	positive action to enhance their own and others' health, safety and wellbeing. Students demonstrate a range of health seeking strategies that support them to access and evaluate health and physical activity information and services.	Students examine the reasons why young people use alcohol and drugs, peer pressure and how to make good decisions using assertive behaviour. They will identify the family's role in decision making and how to communicate and support peers in situations using alcohol and drugs, as well as the steps to follow in an emergency situations this unit will focus on drug use.	Introduction to rules, Passing, dribbling and ball control, Trapping Three versus three, Small sided games. Sports covered are netball, volleyball and European handball	Students examine the cultural and historical significance of dance in indigenous communities of Australia and how connecting to the environment can enhance the health and wellbeing of individuals and others. They evaluate the impact on wellbeing of relationships and respecting diversity within communities	Students develop movement skills related to dance from a variety of cultures. They investigate the hip hop genre and modify elements to form a sequence.
Unit Duration	Unit Duration	Unit Duration	Unit Duration	Unit Duration	Unit Duration	Unit Duration	Unit Duration
Weeks 1 - 10	Weeks 1 - 10	Weeks 11 - 20	Weeks 11 - 20	Weeks 21 - 30	Weeks 21 - 30	Weeks 31 - 40	Weeks 31 - 40
(10 weeks)	(10 weeks)	(10 weeks)	(10 weeks)	(10 weeks)	(10 weeks)	(10 weeks)	(10 weeks)
Assessment Task/s	Assessment Task/s	Assessment Task/s	Assessment Task/s	Assessment Task/s	Assessment Task/s	Assessment Task/s	Assessment Task/s
HPE 08.01.01 Research Report Technique: Investigation- inquiry Mode: Written Conditions: 400-600 words	Physical Performance Technique: Performance Mode: Practical Conditions: Assessed	Technique: Exam Mode: Written Conditions: 400-600 words	<i>Technique:</i> Performance <i>Mode:</i> Practical	HPE 08.05.01 Research Task Technique: Extended Response Mode: Written Conditions: 400-600 words	Physical Performance Technique: Performance Mode: Practical	HPE 08.07.01 Combined Response Technique: Investigation inquiry Mode: Writter Conditions: 400-600 words	Physical Performance
<i>lssued:</i> Week 2 <i>Due:</i> Week 9		<i>lssued:</i> Week 18 <i>Due:</i> Week 18		<i>Issued:</i> Week 22 <i>Due:</i> Week 28		<i>Issued:</i> Week 32 <i>Due:</i> Week 38	